

# First State Rehab At Home

## Client Information

Name: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Driver's License Number: \_\_\_\_\_

Date Of Birth: \_\_\_/\_\_\_/\_\_\_\_\_ Age:\_\_\_\_\_ Male \_\_\_ Female\_\_\_

Height:\_\_\_\_\_ft\_\_\_\_\_inches Weight: \_\_\_\_\_lbs

Permanent Address: \_\_\_\_\_

City:\_\_\_\_\_ State:\_\_\_ Zip:\_\_\_\_\_

Home Phone:\_\_\_\_\_ Cell:\_\_\_\_\_

e-mail:\_\_\_\_\_

Occupation:\_\_\_\_\_

Place of employment:\_\_\_\_\_

Phone Number: \_\_\_\_\_

### IN CASE OF EMERGENCY, PLEASE CONTACT:

Name:\_\_\_\_\_ Relation:\_\_\_\_\_

Phone: \_\_\_\_\_

Referring Physician:\_\_\_\_\_

Primary Care Physician:\_\_\_\_\_

Why are you seeking Physical Therapy:

\_\_\_\_\_  
\_\_\_\_\_

What happened? \_\_\_\_\_

When did it happen/start? \_\_\_\_\_

Have you had this problem before? \_\_Yes\_\_ No

If yes, when? \_\_\_\_\_

Have you had Physical Therapy for this problem before? \_\_Yes\_\_ No

Are You currently seeing anyone else for this problem? \_\_Yes\_\_ No

If yes, who? \_\_\_\_\_

Do you have difficulty with any of the following? (Check all that appl)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Bed Mobility     | <input type="checkbox"/> Gait                  | <input type="checkbox"/> Up or Down Stairs   |
| <input type="checkbox"/> Transfers        | <input type="checkbox"/> On level ground       | <input type="checkbox"/> On uneven terrain   |
| <input type="checkbox"/> Bathing          | <input type="checkbox"/> Grooming              | <input type="checkbox"/> Shopping            |
| <input type="checkbox"/> Cooking          | <input type="checkbox"/> Home chores           | <input type="checkbox"/> Driving             |
| <input type="checkbox"/> Sleeping         | <input type="checkbox"/> Standing from a chair | <input type="checkbox"/> Sports              |
| <input type="checkbox"/> Hobbies          | <input type="checkbox"/> Use a phone           | <input type="checkbox"/> Reach a high shelf  |
| <input type="checkbox"/> Writing a letter | <input type="checkbox"/> Standing >15 minutes  | <input type="checkbox"/> Sitting >15 minutes |

### **Exercise / Activities**

Do you exercise beyond your normal daily activities and chores?

Yes  No

If yes, what do you do? \_\_\_\_\_

How many days per week? \_\_\_\_\_

Are there social or recreational activities you enjoy? \_\_\_\_\_

**With whom do you live? (Check all that apply):**

Alone     Spouse     Child/Children     Other

**Current Employment (check all that apply):**

Working full time     Working part time     Retired  
 Student     Unemployed     Other

**Living Environment (Check all that apply):**

Stairs     Ramps     Elevator  
 Assistive devices (grab bars, etc)

**Do you use any of the following? (check all that apply)**

Cane     Walker     Manual Wheelchair     Power Wheelchair  
 Power Scooter     Glasses     Contacts     Other \_\_\_\_\_

**Past Medical History (Check all that apply)**

Arthritis     Broken Bones     Osteoporosis  
 Blood Disorders     Circulation Problems     Lung Problems  
 Heart Problems     High Blood Pressure     Stroke  
 Diabetes     Low Blood Sugar     Head Injury  
 Multiple Sclerosis     Muscular Dystrophy     Polio  
 Parkinson Disease     Seizures/epilepsy     Allergies  
 Thyroid Problems     Developmental Problems     Infectious Disease  
 Cancer     Kidney Problems     Repeated Infections  
 Depression     Skin Diseases     Ulcers/stomach  
 Other \_\_\_\_\_

**Within the past year, have you had any of the following symptoms?**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Chest Pain            | <input type="checkbox"/> Heart Palpitations     | <input type="checkbox"/> Coughs                |
| <input type="checkbox"/> Shortness of breath   | <input type="checkbox"/> Dizziness/Blackouts    | <input type="checkbox"/> Headaches             |
| <input type="checkbox"/> Loss of Balance       | <input type="checkbox"/> Coordination Problems  | <input type="checkbox"/> Difficulty Walking    |
| <input type="checkbox"/> Pain at night         | <input type="checkbox"/> Joint Pain or Swelling | <input type="checkbox"/> Difficulty Sleeping   |
| <input type="checkbox"/> Loss of Appetite      | <input type="checkbox"/> Nausea/Vomiting        | <input type="checkbox"/> Difficulty Swallowing |
| <input type="checkbox"/> Bowel Problems        | <input type="checkbox"/> Weight Loss/Gain       | <input type="checkbox"/> Urinary Problems      |
| <input type="checkbox"/> Fever/Chills/Sweats   | <input type="checkbox"/> Hearing Problems       | <input type="checkbox"/> Vision Problems       |
| <input type="checkbox"/> Weakness in Arms/Legs |   | <input type="checkbox"/> Other _____           |

**Prescription Medications**

Please list all medications you currently take:

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**Non-prescription Medications and Vitamins/herbs:**

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**List all surgeries, including dates:**

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**Client Name:** \_\_\_\_\_

**Primary Insurance Information:**

Policy Company Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Contact information:

\_\_\_\_\_  
\_\_\_\_\_

Policy Number: \_\_\_\_\_

Policy Holder, Name and DOB and SS#, if not the  
client: \_\_\_\_\_  
\_\_\_\_\_

**Secondary Insurance:**

Policy Company Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Contact information:

\_\_\_\_\_  
\_\_\_\_\_

Policy Number: \_\_\_\_\_

Policy Holder, Name and DOB and SS#, if not the  
client: \_\_\_\_\_  
\_\_\_\_\_